

# REGISTRATION FORM

(Please Print)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Home/Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_ Grade (in Fall 2011) \_\_\_\_\_

School \_\_\_\_\_

Roommate \_\_\_\_\_ (2 per room)

T-Shirt Size: S M L XL

Please circle your choice of camp, and whether you will be an overnight or commuter, and if a parent is employed by UNCW.

Is either parent employed at UNCW? Yes No  
**\$50 Discount Applies for All Skills and Advanced Camp.**  
List UNCW Department: \_\_\_\_\_

**Beginners Only Day Camp** July 7-9  
(age 8-15) Limited to only 30 campers Day Camper \$150

**All Skills Camp** (age 8-13) July 7-9  
Overnight \$315 Commuter \$280  
• Pay in Full by April 1<sup>st</sup> for \$30 early bird discount

**Advanced Skills** (age 14-18) July 17-20  
Overnight \$415 Commuter \$370  
• Pay in Full by April 1<sup>st</sup> for \$30 early bird discount

**High School Team Camp** July 21-24  
Overnight \$340 Commuter \$285

Online Registration and Payment is available at  
[www.volleyballcampsatwilmington.com](http://www.volleyballcampsatwilmington.com)

*Volleyball Camps at Wilmington complies with all provisions of the American with Disabilities Act. If you are a qualified person with a disability and desire a reasonable accommodation to participate in this activity, please contact Amy Bambenek at 910-962-3242 during business hours of 8 a.m. to 5 p.m. to discuss accommodations at least 60 days prior to the start of the event.*

*I am a qualified person with a disability and need the following accommodations to participate in the activity:* \_\_\_\_\_

*This camp is neither supported, controlled, nor supervised by the University of North Carolina Wilmington but rather is under the sole supervision, control, and sponsorship of Camp Director Amy Bambenek.*



**AMY BAMBENEK**  
UNC WILMINGTON  
HEAD VOLLEYBALL COACH

13 YEARS COLLEGE EXPERIENCE

COACH BAMBENEK'S INAUGURAL 2009 SEASON AS THE SEAHAWKS' NEW HEAD COACH BOASTED THE PROGRAM'S MOST WINS SINCE 1996 AND THE STRONGEST CAA FINISH SINCE 2002.

BAMBENEK SPENT EIGHT YEARS AS AN ASSISTANT AND ASSOCIATE HEAD COACH AT THE GEORGE WASHINGTON UNIVERSITY, WHERE HER PRIMARY ROLE OF RECRUITING COORDINATOR BROUGHT GWU TO NEW HEIGHTS. SHE SPENT THREE SEASONS AT FLORIDA STATE UNIVERSITY AS AN ASSISTANT COACH AND CAMP DIRECTOR WHILE EARNING HER MASTER'S IN SPORT ADMINISTRATION. BAMBENEK WAS A 4-YEAR STARTER AT COASTAL CAROLINA UNIVERSITY AND HELPED HER TEAM TO A CONFERENCE CHAMPIONSHIP AND NCAA APPEARANCE IN 1996.



**AJ BONETTI**  
UNC WILMINGTON  
ASSISTANT COACH

4 YEARS COLLEGE EXPERIENCE

COACH BONETTI PLAYED AN IMPORTANT ROLE IN THE SEAHAWKS' BREAKOUT SEASON IN 2009. HIS PRIMARY RESPONSIBILITIES INCLUDE RECRUITING, TEAM TRAVEL, GAME OPERATIONS, AND OPPONENT SCOUTING.

BONETTI SPENT TWO YEARS AS AN ASSISTANT COACH AT GEORGE WASHINGTON UNIVERSITY WHILE RECEIVING HIS MASTER'S IN EXERCISE SCIENCE. HE PLAYED VOLLEYBALL AT EAST STROUDSBURG AND EARNED A DEGREE IN EXERCISE PHYSIOLOGY. BONETTI HAS YEARS OF EXPERIENCE AT THE HIGH SCHOOL LEVEL AND IS INVOLVED WITH LOCAL WILMINGTON CLUB PROGRAMS. HE HAS ALSO SERVED AS A STATISTICIAN FOR THE USA MEN'S NATIONAL TEAM AND FOR USAV HIGH PERFORMANCE.

# 2011 VOLLEYBALL CAMPS AT WILMINGTON



**BEGINNERS ONLY DAY CAMP**  
JULY 7-9

**ALL SKILLS CAMP**  
JULY 7-9

**ADVANCED SKILLS CAMP**  
JULY 17-20

**HIGH SCHOOL TEAM CAMP**  
JULY 21-24

[WWW.VOLLEYBALLCAMPSATWILMINGTON.COM](http://WWW.VOLLEYBALLCAMPSATWILMINGTON.COM)

# ONLINE REGISTRATION

## NOW AVAILABLE

[WWW.VOLLEYBALLCAMPSATWILMINGTON.COM](http://WWW.VOLLEYBALLCAMPSATWILMINGTON.COM)

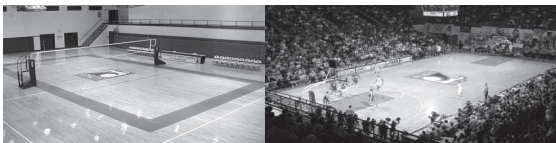
### GENERAL INFORMATION

- Online Registration is **PREFFERED** and it's **FREE**
- Liability and medical waiver can be downloaded from the website. **EACH CAMPER MUST COMPLETE BOTH FROMS AND TURN IN AT CAMP CHECK-IN.** Campers will not be allowed to participate without the completed forms.
- Athletic trainers will be on duty to monitor the well being of our campers during camp.
- **Your required deposit of \$75.00 is applied to your balance, and is NON-REFUNDABLE.** No refunds will be issued upon expulsion or voluntary withdrawal from camp once it has begun.
- College coaches and college players (current and former) will serve as camp staff instructors.
- Overnight campers need to bring linens, towels, and toiletries. Dorms are air conditioned, and only two campers per room.
- Each camper will receive a camp T-shirt and volleyball.
- Please make checks payable to: **Amy Bambenek Volleyball Camps.** Please **DO NOT** make checks out to UNCW.
- Commuter campers will check in at the respective camp dorm the first day. After the first day Drop off and Pick up will be at Trask Coliseum.
- Mail-In applications make checks payable to:  
**Amy Bambenek Volleyball Camps**  
**PO BOX 20043**  
**Wilmington, NC 28407**

### MEALS

UNCW's Wagoner Hall and other outside food service providers will be utilized to guarantee that our athletes are receiving nutritious and healthy meals. All meals will be provided to the overnight campers and lunch and dinner will be provided for commuters. Meals are not provided for beginners only camp.

### FACILITIES



Instruction will take place at UNCW in Hanover Hall (Home of Seahawk Volleyball) and Trask Coliseum (Home of Seahawk Basketball).

## BEGINNERS ONLY DAY CAMP

JULY 7-9

Day Camper \$150  
8:30am-12:30pm

- \$75 Non-Refundable Deposit Required
- Final Payment Due by first day of camp
- No early bird or UNCW employee discounts apply

### Beginners Only Day Camp Description:

**CHECK-IN: July 7 @ 8am in Hanover Hall**

This is a 3-day camp designed specifically for first time volleyball player's age 8-15 years old. Each day basic fundamental skills and beginner level drills will be taught and reviewed from 8:30am-10:30am and fun volleyball games will be introduced from 11am-12:30pm. Campers will have a 30 minute break and will be provided with a drink and snack. This is a great crash course for volleyball beginners! Online registration is available!

## ALL SKILLS CAMP

JULY 7-9

Overnight Camper \$315  
Commuter Camper \$280

- Pay in Full by April 1<sup>st</sup> for \$30 early bird discount
- \$75 Non-Refundable Deposit Required
- Final Payment Due by first day of camp
- UNCW employee children receive \$50 discount

### All Skills – 3 Day Camp Description

**CHECK-IN 12:30pm @ UNCW Campus Dorm (TBA)**

**CHECK-OUT 4:30pm @ UNCW Campus Dorm (TBA)**

This is a commuter or overnight camp designed to train girls ages 8-13 (3<sup>rd</sup>-8<sup>th</sup> grade) at the intermediate to advanced level. Campers will use competitive game situations and be taught the skills and techniques of passing, setting, attacking, serving and defense.

*Example Camp Schedule: 9:00am-11:30am*

*(Includes Meal Breaks) 2:00pm-4:30pm  
6:30pm-9:00pm*

## REGISTRATION

- Completed application **ONLINE** or mail-in.
- Full payment or \$75.00 deposit is required and must be made payable to Amy Bambenek Volleyball Camps. Credit cards accepted online **ONLY**.
- Team Campers may register individually online. High school coaches must email Camp Director, Amy Bambenek, a camp roster to reserve a spot! First come first serve basis. Spaces fill up quick!
- Email: [bambeneka@uncw.edu](mailto:bambeneka@uncw.edu)

**Register and Pay Online for Free!**

[www.volleyballcampsatwilmington.com](http://www.volleyballcampsatwilmington.com)

## ADVANCED SKILLS CAMP

JULY 17-20

Overnight Camper \$415  
Commuter Camper \$370

- Pay in Full by April 1<sup>st</sup> for \$30 early bird discount
- \$75 Non-Refundable Deposit Required
- Final Payment Due by first day of camp
- UNCW employee children receive \$50 discount

### Advanced Skills – 4 Day Camp

**CHECK-IN 12:30pm @ UNCW Campus Dorm (TBA)**

**CHECK-OUT 11:30am @ UNCW Campus Dorm (TBA)**

This is a commuter and overnight camp designed for the intermediate to advanced volleyball player (Grades 9-12 for fall 2011) who is looking for a more intense camp experience. The camp will offer advanced skill instruction sessions in the skills of passing, setting, attacking, serving and defense as well as position training and tournament play. It is recommended that the athletes in this camp be experienced and have played at least one year on a Varsity, JV or USAV junior team. Additional features will include information on recruiting, and college level conditioning.

*Example Camp Schedule: 9:00am-11:30am*

*(Includes Meal Breaks) 2:00pm-4:30pm  
6:30pm-9:00pm*

## HIGH SCHOOL TEAM CAMP

JULY 21-24

Overnight \$340 per person  
Commuter \$285 per person

One coach free for every 8 player OR \$150 for an additional coach.

- To reserve a spot for your team, email Amy Bambenek at [bambeneka@uncw.edu](mailto:bambeneka@uncw.edu),
- **EACH CAMPER MUST REGISTER INDIVIDUALLY AND IS REQUIRED TO MAKE A \$75 Non-Refundable Deposit**
- **Final Payment Due by first day of camp**

### Team Camp – 4 Day Camp

**CHECK-IN 4:00pm @ UNCW Campus Dorm (TBA)**

**CHECK-OUT 12:00pm @ UNCW Campus Dorm (TBA)**

Team camps are for teams that are looking to get a head start of the high school volleyball season. Each team will be assigned a Wilmington Camp Coach and an assistant coach. This camp will focus on team strategies and competition against other teams. The camp will also include individual position training and competitive drills instruction. The camp will conclude with a tournament and playoffs.